

Accommodation	Virtual Learning Alternative	Microsoft Education Tools	G Suite for Education
Use sensory tools, like an exercise band that can be looped around a chair's legs	<p>A fidget to use at home</p> <p>A sensory toolkit to be sent home or picked up by the student</p>	n/a	n/a
Small group learning	One-to-one videoconferences or breakout rooms to allow students to ask questions or complete assignments with teacher support	Microsoft Teams meetings	Google Meet sessions
Take more time to complete a task or a test	Explanations to students and families on how to "chunk"	Assignments in Microsoft Teams	Assignments in Google Classroom

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	assignments and set due dates accordingly		Google Keep to-do lists
Have extra time to process spoken information and directions	Assignments and directions given ahead of time, with time to check in with the student to answer questions Shared class document for students to add questions during or after a lesson	Microsoft Teams meetings	Google Meet sessions Google Docs
Take frequent breaks	Brain breaks during virtual classes	Microsoft Stream or screen share for	Videos embedded in Google Slides

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	<p>Scheduled time for brain breaks in the middle of independent assignments</p> <p>Embedded brain break videos in digital assignments</p> <p>Assignments broken into smaller tasks or chunks</p> <p>Videos with exercises within lessons</p>	<p>brain break videos</p> <p>Chat feature to remind students to take a break</p>	<p>Chat feature to remind students to take a break</p> <p>Two Google Forms (or a Google Doc and a Google Form) to break down parts of an assignment</p>
Take a test over several days or complete the sections in a different order	Test broken up into smaller tests	Microsoft Forms	Google Forms

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	or create multiple digital forms for each section		
Use an alarm to help with time management	<p>Visual timer on Zoom or screen share a visual timer on other platforms</p> <p>Website blockers to increase focus</p>	<p>Cold Turkey</p> <p>Stopwatch</p>	<p>Stopwatch & Timer (Chrome Extension)</p> <p>WasteNoTime (Chrome Extension)</p> <p>Strict Workflow (Chrome Extension)</p> <p>Task Timer (Chrome Extension)</p> <p>Pause (Chrome Extension)</p>
Mark texts with a highlighter	Highlighter function on PDFs and other	Text annotations and	Highlight Tool (Google Docs add-on)

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	documents (with explicit instruction on how students can use the highlighter)	highlighting in Office Lens Text highlight in Edge browser	Kami for annotation (Chrome extension)